

MEDICAL NEWS

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SERGEANT GROWS FROM ORPHAN TO AIRMAN

By Tyler Grimes
60th Air Mobility Wing Public Affairs

Like most Airmen, Master Sgt. Nicole Culverhouse has fond memories of her childhood home but unlike most Airmen her childhood home was a public park in Bogota, Columbia.

Her father sold soda out of a vending booth in the park where the family slept. She played games with her brother and other children from around the corner. Sometimes they would walk down a dirt road to go visit their grandmother.



(U.S. Air Force photo/Tyler Grimes) **Master Sgt. Nicole Culverhouse, 60th Medical Support Squadron element chief, stands with her teddy bear by her side April 16 at Travis Air Force Base, Calif. The bear is a memento she has kept since her first day in the United States more than three decades ago.**

“Life was happy in my little world,” she said with a smile.

On one particular day, however, her world changed forever. Culverhouse was playing with her brother in the park when he decided to go down a side street alone as she sat on a two-foot wall across the street and she began to cry.

“Along came a lady in a black dress, who wiped away my tears and asked me what I was doing,” she recalls. “I said

‘my brother left me’ and the next thing you know, I was put into the orphanage.” While in the orphanage, she enjoyed playing outside in the backyard and having sleepovers with the other orphans. At the age of four, Culverhouse found out she was going to be adopted by a family from the United States. When



(U.S. Navy photos by Mass Communication Specialist 2nd Class John O’Neill Herrera/Released)



National Nurses week celebrated May 6-12

Above: Wendy Champagne answer questions about her nursing career for a news article for National Nurses Week. National Nurses Week is celebrated annually from May 6 to May 12. NMCS D has more than 1,000 active duty and civilian nurses providing patient care.

Left: Naval Medical Center San Diego (NMCS D) nurse, Ensign Joshua Mondloch takes notes in NMCS D’s cardiology in-patient ward.

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(U.S. Air Force photo by Airman 1st Class Daniel E. Liddicoet/Released)

Participants in the Bataan Memorial Death March begin their trek through the sand here March 25. The event included both a full marathon and a 15.2-mile honorary march.

Medics join Bataan Memorial March

By Steve Pivnick
81st Medical Group Public Affairs

KEESLER AIR FORCE BASE, Miss. — Four “Dragon Medics” and several family members were among the almost 7,000 participants in the 23rd annual Bataan Memorial Death March held March 25 at New Mexico’s White Sands Missile Range.

They were Nelson Viniegra and Nicholas Conger, 81st Medical Operations Squadron; Norites Bittig, 81st Dental Squadron; and Ashley Beaty, 81st Surgical Operations Squadron. Each had a personal reason to take part.

This was the fourth Bataan march for Viniegra, a dermatology clinic nurse. “The Bataan march is one of my favorite runs. I was in the civilian light category and my time was 7:21:32.”

Beaty, a medical administrative technician in the 81st MSGS command

section, completed 15 miles of the full marathon before encountering a medical issue. It was the first time for her and she was in the military heavy category.

Conger, chief of infectious diseases, said, “My wife’s nephew, Sgt. Christopher Sanders, died fighting in Iraq (a booby-trapped house in Sinsil, Iraq, on Jan. 9, 2008). Her family lives in Roswell, N.M., and a friend of theirs recommended they participate in the march to remember his sacrifice as well as others who fought before him. There were about 40 family and friends who did the march with T-shirts bearing Christopher’s photo. This is her extended family’s fourth or fifth year and my family’s second year to do the march.

“I participated as a ‘civilian light’ and ran my first marathon. I placed

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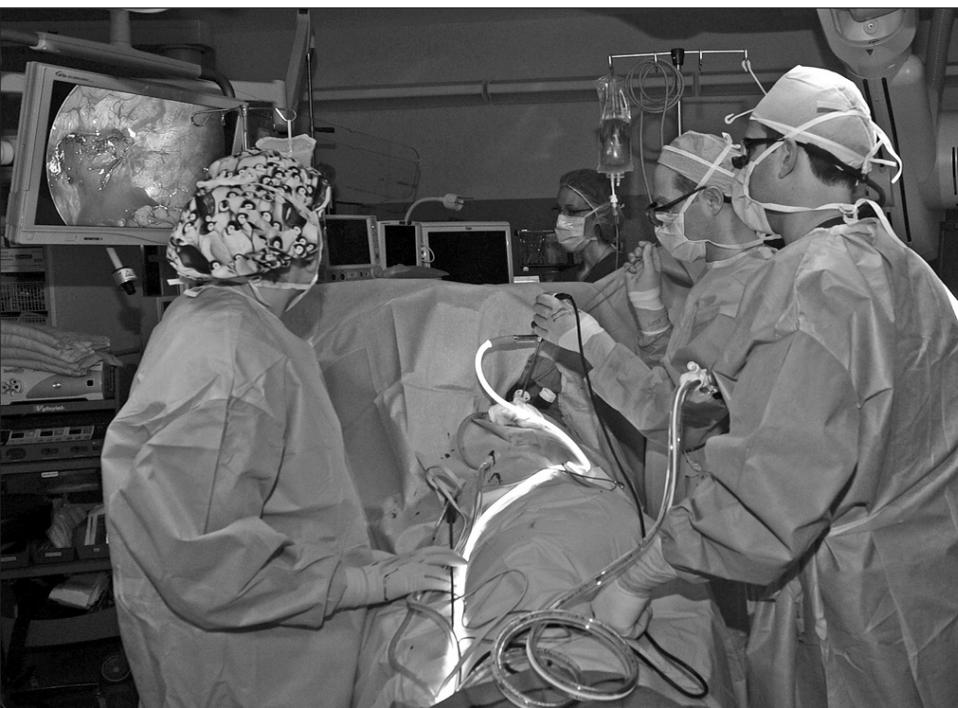
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(U.S. Air Force photo/ Staff Sgt. Lilana Moreno)

Lt. Col. (Dr.) B. Zane Atkins, center, 60th Surgical Operations Squadron chief or cardiothoracic surgery, performs video-assisted thoracoscopic surgery March 27 at David Grant USAF Medical Center. He is assisted by Lance Hein, right, 60th MSGS physician assistant, and Senior Airman Cassandra Becker, 60th MSGS surgical technician.

DGMC surgeons conduct new, less invasive surgery for lung cancer

By 60th Medical Group
Public Affairs

TRAVIS AIR FORCE BASE, Calif. -- Surgeons at David Grant USAF Medical Center completed the medical institution's first minimally invasive curative procedure for lung cancer recently as part of a joint venture between the Departments of Defense and Veterans Affairs.

The procedure, referred to as video-assisted thoracoscopic surgery, was performed on a 68-year-old woman with a malignant lung tumor of the right upper lobe. The entire lobe was removed as definitive cancer treatment using two small incisions in the chest as recommended by the National Cancer Institute and the Society of Thoracic Surgeons.

The VATS approach has been associated with several documented benefits over conventional, open surgery for lung cancer operations, including decreased pain, decreased hospital stay, decreased cost, faster return to full activities and decreased overall complications. However, recent articles in *The Annals of Thoracic Surgery* and *The Journal of Thoracic and Cardiovascular*

Surgery suggest as few as 5 to 20 percent of curative lung cancer surgeries are performed by VATS.

"VATS lobectomy is a tremendous advance to our lung cancer patients due to its many demonstrated advantages over traditional incisions," said Lt. Col. (Dr.) B. Zane Atkins, 60th Surgical Operations Squadron chief of cardiothoracic surgery. "At DGMC, VATS is the preferred approach for all noncardiac chest operations."

Patients at DGMC agree.

"It's great having this special treatment available here at Travis," wrote the patient in a thank you letter to the heart, lung and vascular clinic staff. "The HLVC is fairly new, but has made a lasting impression on me. The teamwork is phenomenal, starting with the first clinic visit through surgery and recovery - patient care was superb from start to finish."

In the near future, DGMC will expand services and therapies for lung cancer patients to include less invasive cancer staging and robotic surgery options.

Prospective cardiac and thoracic surgical patients may be seen at the DGMC heart, lung, and vascular center by calling 423-2300.

DGMC researchers first in Department of Defense to test new device

TRAVIS AIR FORCE BASE, Calif. — Researchers at David Grant USAF Medical Center recently became the first Department of Defense recipients of a portable heart and lung machine that is expected to revolutionize air transport of critically injured troops. The CARDIOHELP life support system is a versatile device that can temporarily do the work of the heart and lungs in patients with severe injuries. The new device was designed to allow these patients to be transported easily between hospitals by air evacuation.

The CARDIOHELP is specifically designed to let the lungs and heart rest and heal while still providing the brain and other vital organs with oxygenated blood. The device removes carbon dioxide from the blood, adds oxygen, and then returns the blood back to the patient's circulation.

"This process, known as extracorporeal life support, or ECLS, is the same technology used to circulate blood during open heart surgeries," explained Maj. (Dr.) David Watson, 60th Medical Group director of the clinical investigation facility at DGMC. "The difference is that the CARDIOHELP machine has been reduced from the size of a small couch to that of a toaster oven."

According to Watson, the device is light enough to be carried by one person and compact enough for transport in a helicopter or vehicle.

The portable CARDIOHELP device was previously used in Europe, but is now

being introduced on a limited basis in the United States. DGMC is among the first facilities in the country to receive the new device, donated by Maquet Cardiovascular of Wayne, New Jersey.

Their gift, valued at \$250,000, will allow CIF researchers to evaluate the effects of tactical, high altitude and long-haul flights on patients who require advanced life support.

Heart and lung machines like the CARDIOHELP are becoming increasingly important in treating troops with severe blast injuries to the lungs following improvised explosive device attacks.

In December, researchers at the CIF, under the direction of Col. (Dr.) Jerry Pratt, 60th Surgical Operations Squadron chief of cardiothoracic surgery, completed their first live animal testing with the CARDIOHELP with excellent results. After several more ground tests, researchers plan to move testing from the lab to the flight environment, supported by a grant from the Air Force Surgeons General Office.

"Rigorous documentation of the effects of g-forces and high altitude on ECLS has never been formally studied, and may be used to develop clinical practice guidelines for military ECLS air transportation," Watson said.

"This groundbreaking translational research will give the Air Force the ability to provide seamless advanced critical care from the point of injury to the state side ICU, a feat unrivaled by any other military in the world."



(U.S. Navy photo by Mass Communication Specialist 1st Class Jason J. Perry/Released)

Honorary judges (left to right), Master Chief Personnel Specialist Edward Akszulewicz, Naval Medical Center San Diego (NMCS) Command Master Chief Yenhung Duberek and Donna Mackenzie, NMCS Executive Assistant to the Commander review one of the 'Design and Taste' entry cakes during NMCS's annual Balboa Café cake contest. Bakers and culinary specialists from the Food Service department used the contest to develop their skills and train on techniques used in cake decoration.



Public Health promotes education during STD Awareness Month

By Katherine Rosario
IACH Public Affairs

When Capt. Adam Smith* (*name has been changed to protect Soldier's identity) started getting body aches and a high temperature earlier this year he thought he was experiencing the start of a cold. When the symptoms got worse, he went to his doctor, who assured him it was nothing more than flu-like symptoms. He was sent home with a recommendation to rest.

Smith started experiencing night sweats that made it impossible for him to sleep, he started throwing up and his temperature skyrocketed to 104 degrees.

After a trip to the emergency room, his doctors discovered a bacterial infection that kept him in the hospital for a few days. Smith was sent home with medication and he started feeling better, but the feeling was temporary.

A month later he started the process of separating from the Army after four years of service and filled out the neces-

sary paperwork, received a physical and had blood taken.

That's when he got a call from Irwin Army Community Hospital's Public Health Department asking him to come in for a meeting.

"Capt. Bazan called me up and said 'we need to talk' and I had a pretty good idea what she was about to tell me," he said.

During their first meeting, his fears were confirmed when he found out he had tested positive for HIV.

"My immediate response was denial, I actually thought I was going to die, and I went off post to get another HIV rapid response test. When it came back positive, I knew I had to face it," he said.

The news was easier to handle, Smith said, because he knew he had friends he could talk to and a good support network.

"It's easier to deal with because I have friends who are also HIV-positive," Smith said, adding his friends talked to him about the process of understanding his test results and explained to him that many HIV-positive people live long, healthy lives.

"It's not something people want, but it's not a death sentence, and being educated makes it easier to understand and deal with," he said.

Capt. Samantha Bazan, an Army public health nurse at IACH, worked with Smith to determine the most likely sources of exposure to HIV and to identify previous partners that he may have exposed.

"We work with the patient to identify risk factors for exposure to HIV and obtain a list of partners within a certain time frame and facilitate contact with those people so that they can be tested," she said.

Because many people infected with STDs have no signs or symptoms, those at risk need to get tested to find out if they are infected, Bazan said.

HIV is spread from person to person through contact with blood, breast milk, semen or vaginal fluids. You cannot contract HIV through casual contact, sharing utensils or sitting close to someone infected with HIV.

The Centers for Disease Control and Prevention estimates that more than 19 million new cases of STDs are reported each year in the United States. Half of those infected occur among people ages 15 to 24.

The CDC, recommends HIV screening for everyone ages 13 to 64, regardless of risk factors. Women in particular under the age of 24 should be screened annually for Chlamydia and gonorrhea. Men who have sex with other men should have an annual syphilis, Chlamydia, gonorrhea and HIV screening.

The worst part about being HIV-positive is the stigma surrounding the word, Smith said.

"Most people automatically think the worst when they hear it," he said.

Breaking the news to his new boyfriend wasn't as difficult because he is also HIV-positive.

Smith hasn't told many other people but doesn't think it would affect his working relationships at his job if he did.

"I don't think people would treat me different at work because our job is to focus on the mission," he said.

The Army generally does not release Soldiers from duty for being HIV-positive.

"As long as the service member remains healthy, they can remain in the Army with HIV," Bazan said.

STD education is often breezed through during safety days and trainers often leave out HIV, Smith said, suggesting that re-evaluating the education process may benefit more people.

"Evolving the education process could help others by providing them with the knowledge they need to remain safe," he said.

In the United States, men who have sex with other men are at the greatest risk for contracting HIV. However, many men who do not consider themselves gay have female partners, but still have sex with other men on the side.

"If a man is married to a woman, but he is gay, it poses a risk to the other men he sleeps with, as well as his wife, who is probably unaware of his extramarital affairs," he said.

Another risk factor not commonly thought of is two HIV-positive people in a relationship together carrying different variations of the virus, Bazan said.

There are different types of HIV and different genotypes or variations of the same type that can be contracted even if a person is already positive, she said.

"If both partners have HIV, and don't use protection, there is still a risk of them contracting a different variation of the virus," she said, adding it can make treatment more difficult.

Smith is much more careful now, knowing full well the consequences of not taking the proper precautions.

"I look at people now and think how reckless they are being and see how much I've changed," he said.

For more information, visit www.cdc.gov or your local Public Health Department. For testing of HIV and other STDs, visit your medical provider. To find STD testing locations off post, visit www.findSTDtest.org.

*Name has been changed to protect Soldier's identity.



(U.S. Air Force photo illustration/Lt. Col. Robert Couse-Baker)

Maj. Fred Krey, hospital dentist and Airman 1st Class Shayleen Stayton, hospital dentistry technician, both of the 60th Dental Squadron, illustrate the issue of no-shows at the Arthur J. Sachsel Dental Clinic.

Not another no-show? Don't be that guy

By Lt. Col. Robert Couse-Baker
349th Air Mobility Wing Public Affairs

TRAVIS AIR FORCE BASE, Calif. -- Dental services are essential to the readiness of our force, but the resource is limited. Whenever someone skips a scheduled appointment, it causes a chain reaction of underutilized resources, inefficiency and longer wait times for those who play by the rules.

Personnel who don't show for their scheduled periodic health assessment dental exams at the Arthur J. Sachsel Dental Clinic, at David Grant USAF Medical Center will now be moved to the back of the line. That means they will not be rescheduled for two to three months.

"If a 'no-show' needs to be seen sooner than two or three months, such as for deployment or an occupational health physical, it will take high-level coordination," said Chief Master Sgt. Juan Gomez, 60th Dental Squadron superintendent.

"Urgent rescheduling of no-shows now requires a personal conversation between the member's squadron commander and the dental squadron commander," he said.

Mission requirements and real-world emergencies may cause an Airman to reschedule a dental exam. Members who must change their PHA dental exam can call 423-7000 at least 24 hours in advance of the originally scheduled appointment.

2012 Holocaust Remembrance Ceremony



Deputy Commander, Naval Medical Center San Diego (NMCS D), Capt. Mark A. Kobelja delivers brief remarks regarding the importance of remembering the Holocaust, during NMCS D's 2012 Holocaust Remembrance ceremony. The theme was "Choosing to Act: Stories of Rescue." This year's event featured guest speakers' personal anecdotes and stories of survival of the German occupation of Europe during World War II.



(US Navy photos by Mass Communication Specialist 3rd Class Jessica L. Tounzen/Released) Capt. Robert McClanahan, Navy Medicine West regional Chaplain, welcomes guests to Naval Medical Center's (NMCS D) 2012 Holocaust Remembrance ceremony, with the theme of "Choosing to Act: Stories of Rescue." This year's event featured guest speakers' personal anecdotes and stories of survival of the German occupation of Europe during World War II.



Above: Naval Medical Center San Diego (NMCS D) audience members view a photograph of a Jewish grandmother walking to a gas chamber at the Auschwitz concentration camp, during NMCS D's 2012 Holocaust Remembrance event. The theme of this year's event was "Choosing to Act: Stories of Rescue," and featured personal anecdotes and stories of survival of the German occupation of Europe during World War II.

Left: Dr. David Slier, Naval Medical Center San Diego (NMCS D) psychologist and retired Marine (left), listens as Ben Midler, fellow guest speaker, shares his Bialystok Ghetto experience, during NMCS D's 2012 Holocaust Remembrance event. The theme of this year's event was "Choosing to Act: Stories of Rescue," and featured personal anecdotes and stories of survival of the German occupation of Europe during World War II.



Keesler, DEA offer 'Take-Back Day' to prevent misuse of prescriptions

By Master Sgt. Holly McCune
81st Diagnostics and Therapeutics Squadron

KEESLER AIR FORCE BASE, Miss. — The 81st Training Wing and Drug Enforcement Administration join forces to offer the Keesler community an opportunity to prevent pill abuse and theft through a prescription drug "Take-Back Day" program 10 a.m. to 2 p.m. April 28 at the exchange main entrance.

All Department of Defense beneficiaries are encouraged to bring medications for disposal and rid their homes of potentially dangerous expired, unused and unwanted prescription drugs. The service is free and anonymous. Controlled, non-controlled and over-the-counter medications will be accepted. However no

★ Sergeant

Continued from page 1

her soon-to-be parents came to Columbia with the intent of adopting an infant boy, once at the orphanage they also got Culverhouse "for the asking." In return, Culverhouse received a teddy bear from her new parents which she has kept with her ever since.

"Sometimes I wonder if he could talk, what stories he would tell," she pondered.

One story Culverhouse remembers vividly was arriving in the U.S. and meeting her adopted family for the first time.

"I was just learning English and they introduced me to my great grandma," she said. "They said 'this is going to be your nana' then I said 'nanita,' which means little grandma and everyone started laughing."

With help of her new family, she was able to speak English after only one month living stateside. She said her parents felt it was important for her to learn quickly, so that she would be ready for the upcoming school year.

"In fact, they chose my birth date to be Dec. 1, 1971 because it was the day after the cutoff for school that would give me an extra year," she explained.

In school, Culverhouse was at first a shy little girl. To encourage her daughter when she got home from school, her mother would give Culverhouse a cherry if she spoke in class.

At home, she had a joyful childhood growing up with four adopted siblings. The fact that they were adopted was something her parents openly discussed and were casual about.

"Somebody asked my father 'don't you have adopted kids?'" she said. "It was pretty obvious because we had dark hair, dark skin and they had blonde hair, fair skin. My dad looked at us and goes 'Yeah, I know that some

syringes, needles, opened vials or anything with blood-borne pathogens may be included.

According to a DEA news release, last October, Americans turned in 377,086 pounds -- 188.5 tons -- of prescription drugs at nearly 5,400 sites operated by the DEA and more than 3,000 state and local law enforcement partners. When the results of the three take-back days to date are combined, the DEA and its state, local and tribal law-enforcement and community partners have removed 995,185 pounds (498.5 tons) of medication from circulation in the past 13 months.

Local law enforcement agencies and the DEA plan to hold prescription drug take-back events every few months.

are but I don't remember which ones," she joked.

After high school, she joined the Air Force to gain a sense of independence. Her first duty station was in Greece. It was there where she had a personal realization about her past.

"When I was in Greece, I saw an entire culture bond with this oneness," she said. "And that was the first time I yearned for it myself."

Culverhouse became resolute to go back to Columbia and reconnect with her culture. Last year during an assignment in South Korea, she used a social media site to connect with fellow adoptees from the same orphanage. Once she found some of the other adoptees, the connection was instantaneous.

"We call each other cousins because we are so close, we have the same blood, the same stories and the same desires," she gleamed. "There is this family bond that's hard to explain but it's finally there."

Since meeting her "cousins" online, she has been able to get together with some of them in real life as well. These encounters have been a few of the best experiences she has ever had, she said.

In August, Culverhouse plans on attending the 70th anniversary of the orphanage where she lived. She hopes this experience will help her remember her youth and maybe finally reunite with her biological family.

"I have such a fabulous life but for 36 years they have been mourning my loss," she explained with tears in her eyes. "That breaks my heart beyond words."

Even though this experience has been very emotional at times, she understands there is nothing like going home.

★ March

Continued from page 2

25th in my age group (over 40) and 85th overall with a time of 4 hours, 30 minutes. My son Kolbe, 14, walked the marathon for the second year. My son Christian, 12, and daughters Julia, 11, and Olivia, 9, and wife Alicia completed the 14-mile memorial walk. Olivia was the youngest female to participate, as she turned 9 five days before the event (9 is the minimum age). My mother-in-law, Margaret Rodriguez, was the oldest female, placing second in the 26.2-mile marathon at the age of 74!"

He added, "We were honored to meet a survivor of the actual death march at dinner the night before. Also, we were moved and impressed by how many wounded warriors participated in the event, many with lower-extremity prostheses."

Norites was in the military heavy category and finished in 10:04:50 while carrying a 43-pound rucksack.

Explaining her motivation, she said, "During my deployment last year, I drafted my 2012 calendar of activities; I scheduled myself to do something almost every weekend. The Bataan Memorial Death March is a major challenge I set and the rest fall under the 'just for fun' category.

"I participated in the Bataan Memorial Death March simply because it's a 30th birthday challenge that I set for myself. I registered under the military heavy category (minimum of a 35-pound rucksack). When I clicked the registration 'submit button,' I already was nervous because I knew it would be tough. Last year, when I did the march in the military light category, I was in a lot of pain and ended with 11 blisters. I knew the pain probably would be 10 times worse than last year. Before the march, I texted my contacts and posted a message on Facebook for my friends to call or text me because I would need their motivation and encouragement, especially towards the end, to finish the march.

"The event started with what was for me an emotional ceremony. When the signal was given to start marching, I just focused and told myself repeatedly that I would cross the finish line, no matter what. I was doing great until reaching the first hill; I thought my lungs would collapse. Halfway up, I had to stop for the first time and just laid down on the side of the road to rest. I almost gave up. I think I was only in Mile 11 at that point but I remembered what was written on my bandana: 'Unless you faint, puke or die, KEEP MOVING!' So, I got up and continued marching. The farther I walked, the heavier my rucksack got. Every mile, I made it a point to stop and rest for at least a minute or two.

"At Mile 15, I received a phone call from Martha Prieto (81st Medical Group) who made sure I was hydrating and eating my oranges and bananas. Most of all, she motivated me to

keep going. I also received phone calls and messages from friends and family which really helped a lot. At Mile 20, I felt a blister pop on my left heel and it was so painful. Actually, my whole body was in pain. I walked slower and it seemed everybody was passing me. After that, I stopped two or three times every mile. On one stop, I almost gave up for the second time and complained that this was too tough."

Then she thought of those who were in the actual death march.

"They didn't have power bars, energy drinks, energy candies, Gatorade, bananas, oranges, cookies, etc. They didn't receive phone calls and text messages motivating them to finish the march or rest when they needed to. Most of all, I'm only marching 26.2 miles while they were forced to march more than a hundred miles. I told myself I had no right to complain, got up and continued to walk. After Mile 22, I didn't stop to rest and just kept going. I was ready to get the march over with. I tried my best to mentally block all the pain. Finally, I saw the Mile 26 marker. I was so happy; I only had 2/10 of a mile more to go. Yet, it felt like it was the longest 2/10 of a mile I'd walked.

"And I did it! I crossed the finish line! My rucksack officially weighed 43 pounds, not including my water. I was so happy and proud of myself because I successfully completed my challenge. I ended up with nine nasty, big blisters and was so sore for several days. I literally had to crawl the first night after the march.

"Will I do it again next year? I might do it in the military or civilian light category. The pain that I went through is a great factor to consider when it comes to deciding if I would enter the military heavy class again. It was tough and painful."

Norites has some advice for anyone contemplating joining in the march.

"Train. Read the testimonies or talk to those who participated in the past. Ensure you're hydrated. Bring a lot of energy bars, candy and camel pack (for back-up). Drink water and sports drinks at every water station. (I drank two cups each of water and sports drinks at every stop.) Eat bananas and oranges too. Bring some packets of salt just in case you get muscle cramps. Have good, comfortable boots. Most of all, you will need lots of will power and determination to finish the march. Good luck!"

For more information, go to <http://www.bataanmarch.com>.



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(Courtesy photo)

Capt. (Dr.) Thomas Heidenreich, 81st Dental Squadron, Keesler Air Force Base, Miss., stands with his award for "best in show" and the winning presentation at the Thomas P. Hinman Dental Meeting in Atlanta, Ga., March 22, 2012. The conference ran from March 22 thru 24 marking the program's 100th anniversary and sessions covered dental topics ranging from materials to practice management.

Keesler dentist wins award at 'Hinman' meeting

By Steve Pivnick
81st Medical Group Public Affairs

KEESLER AIR FORCE BASE, Miss.— A member of the 81st Dental Squadron Advanced Education in General Dentistry one-year residency program was recognized at the prestigious Thomas P. Hinman Dental Meeting March 22-24 in Atlanta, the program's 100th anniversary.

Capt. (Dr.) Thomas Heidenreich, who received his dental degree from the University of Iowa, received a "Best in Show" award for his presentation during the session.

Col. (Dr.) Roy Marlow, deputy director of the AEGD-1 program, explained, "Our AEGD-1 residents participate in the three-day conference every March. They usually attend four or five continuing education class to expand their knowledge base. The sessions cover dental topics ranging from

materials to practice management.

A major part of the Hinman conference is the presentation of table clinics, which provide continuing education credit to the general dental participants."

The colonel noted, "There are approximately 20 presenters at every continuing education segment, two segments per day during the conference, and a committee votes for a 'Best in Show' for each segment."

He continued, "Our 10 residents began preparing their individual projects in October. They first collected data, did research and documentation on their chosen topic. After procuring photographs about the subject, each created a story board. A staff dentist reviewed their information and by January they completed their drafts. Each then sent their draft to the Wall Studio graphics staff who provided wonderful support."



MEMORIAL DAY ★ MAY 28

ED Wilderness Medicine Race



Left: Naval Medical Center San Diego Emergency Department (ED) staff use a stretcher to evacuate a simulated injured patient down a muddy trail during the ED wilderness medicine race held at the San Onofre State Park. More than 20 doctors, nurses and Hospital Corpsman competed in the first wilderness medicine race to familiarize staff with care of patients in wilderness environments and build department camaraderie in preparation for future deployments to austere environments such as humanitarian assistance, disaster response and combat. Teams made up of three to four personnel were given GPS points to eight medical scenarios where they worked together to complete before moving on.



(U.S. Navy photos by Mass Communication Specialist 1st Class Anastasia Puscian/Released)

Naval Medical Center San Diego Emergency Department (ED) staff evaluate a simulated drowning victim during the ED wilderness medicine race held at the San Onofre State Park.

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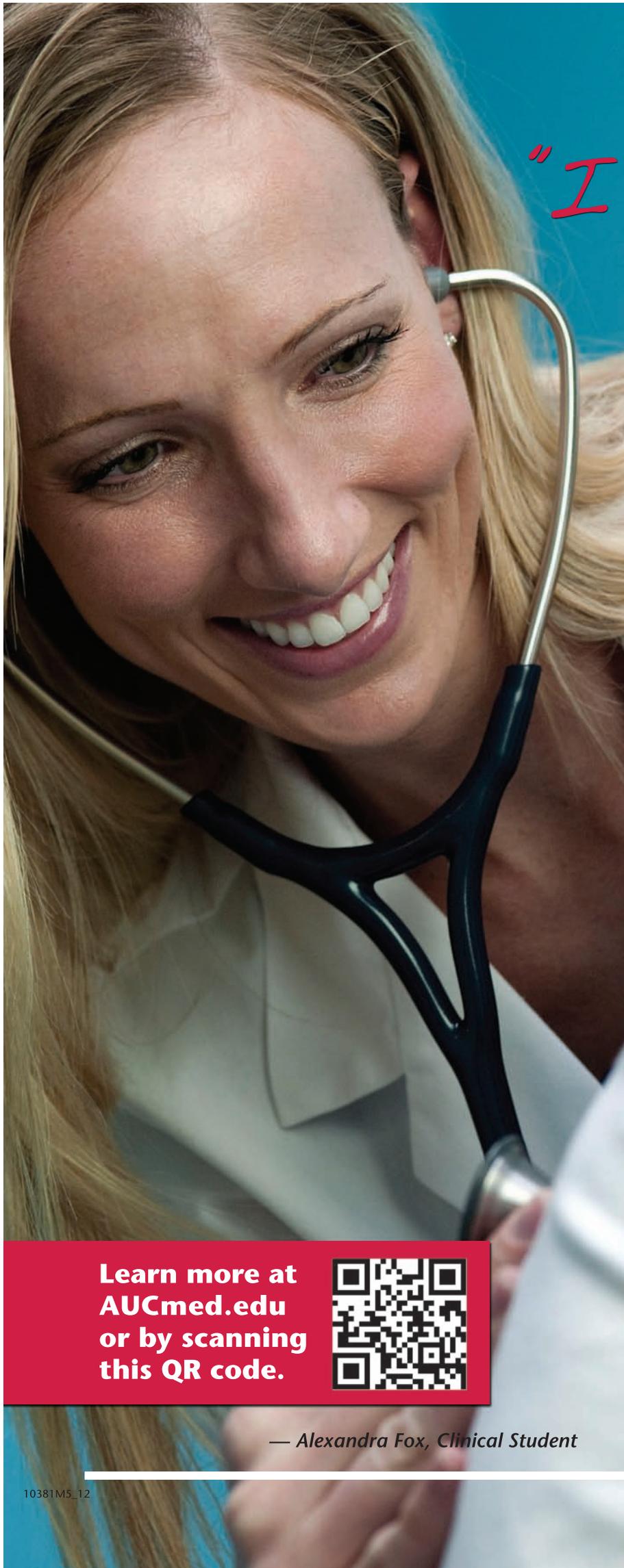
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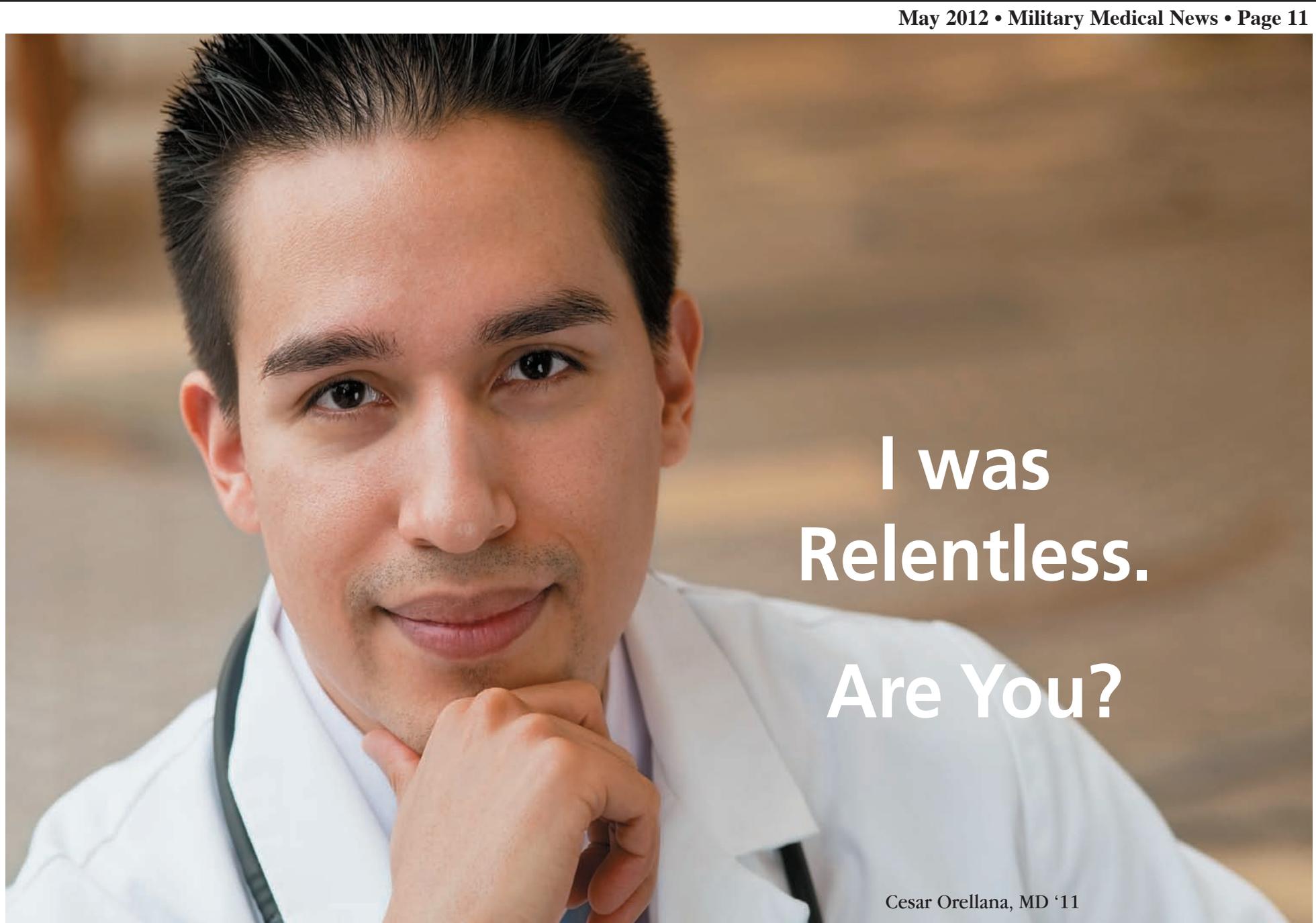
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Contact: David Horn, Vice President
Caldwell Memorial Hospital
Lenoir, NC 28645
828-757-5519
dhorn@Caldwell-mem.org

EOE



Physicians

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Physicians

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Physicians

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Physicians

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800-872-8662 x67755
Lisa.Doherty@va.gov

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Office of the Chief of Staff

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Physicians

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University of Pittsburgh, 3520 Fifth Avenue
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Dennis W. Harris
Email: dennis.harris@msapc.com
Fax: 231-739-1988 or direct 231-739-1911

Community, Facility, & Organization: Muskegon Surgical Associates, PLC (MSA) has provided surgical health care services to West Michigan for over 40 years. MSA consists of 3 vascular surgeons, 5 general surgeons, and 2 plastic surgeons. A good payer mix, salary income guarantee, excellent benefits package, and a beautiful and friendly West Michigan community with excellent schools makes this a must-see opportunity! Our Staff trained in nursing, scheduling, insurance/billing, medical records and office management supports our offices. For more information, visit our website at <http://www.msapc.com>.

ASSISTANT MEDICAL DIRECTOR SouthEast Alaska Regional Health Consortium

The Assistant Medical Director (AMD), Community Health Care Services (CHCS) provides administrative and medical oversight of multiple rural, primary health clinics and associated programs within the division. This includes direct oversight of the village midlevel and Community Health Aide/Practitioner (CHA/P) clinics. The AMD ensures consistent adherence to medical standards as adopted by the Medical Executive Committee based on nationally accepted best practices. The position participates in QA/QI activities and is responsible for compliance with appropriate regulatory and clinic accreditation standards. Administrative components of the Community Health Aide Program are addressed in collaboration with the CHA Training Center Director. Additional duties include clinical oversight of the Air Medical Services program. The AMD serves as Medical Director, CHCS in his/her absence. 3-5 years experience necessary. Salary: \$166,000 - \$184,000. This position is located in Sitka. Qualification Requirements: A MD or DO degree and Board Certification in a primary care discipline; A minimum of five years experience as health care provider OR three years of experience plus -- A Masters degree in Public Health, Health Care Administration or similar degree--OR--Certification by the ACHE or MGMA,--OR--Two years of experience with clinical administration; Must have a state license to practice medicine as a Medical Doctor; Must obtain Alaska State Licensure within 6 months. Desirable or additional qualifications: Medical Group Management Association (MGMA) or similar certification demonstrating excellence in health care administration and planning.

Contact: Russell Bowman, DO
SouthEast Alaska Regional Health Consortium
Phone: 907-966-8779; Email: rbowman@searhc.org



Physicians

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PHYSICIAN

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Saluting Our Veterans

MILITARY
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MEDICAL NEWS
wishes everyone a Safe and Happy Memorial Day

**Mother's Day
half way
around the world**

CAMP VIRGINIA, KUWAIT
Holidays spent apart from your family and loved ones can be difficult. Mothers spending Mother's Day away from their children is particularly tough for some Soldiers deployed with the Illinois Army National Guard's 444th Chemical Company based in Galesburg, Ill.

"My mom has made an impact by being there for me through every downfall and she has taught me to be strong," said Sgt. Ashley Lasiowski of West Chicago, Ill.

Mother's Day was a reminder for the mothers with the 444th Chemical Company based in Galesburg, Ill., of how far they have come and how far they have left to go.

"I can't wait to go to all of their (her kids) sporting events when I get home," said Sgt. 1st Class Jennifer Dorsey of Moline, Ill. "They are all great athletes. I get compliments by different people all the time on how much my kids are loved and admired and it makes me so proud."

Dorsey was presented with flowers shortly after running the Mother's Day 5K at Camp Virginia. It was a surprise set up by her family back home.

"I feel so blessed to be a mother and was so happy to see such a beautiful arrangement of flowers from my family, especially when you don't get to see colors and blossoms like that here," said the mother of four.

Mothers deployed to Camp Virginia were not the only ones missing their children on Mother's Day. Rose Owen-Guthrie of Roseville, Ill., was thinking of her two deployed sons as any mother would.

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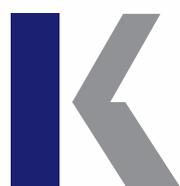
(U.S. Navy photo by Mass Communication Specialist 2nd Class Chad A. Bascom/HIPAA Complete)

Lamb Chop visit

Naval Medical Center San Diego (NMCS D) pediatric in-patient Sophia Garcia (center) and her dad Information Systems Technician 3rd Class Gilberto Garcia watch “Lamb Chop” a children’s character and puppeteer Mallory Lewis during a visit to NMCS D. Mallory is the daughter of Lamb Chop creator, comedian and ventriloquist Shari Lewis. The pediatric ward provides comprehensive medical and surgical care with staff focus on family-centered, multidisciplinary care and treatment.



Mallory Lewis is in shock as Lamb Chop the sock puppet kisses Naval Medical Center San Diego (NMCS D) patient Jeffrey M. Heral during Lewis’ visit to the pediatric in-patient ward. Lewis toured NMCS D’s pediatric in-patient ward and clinic to visit with patients and boost morale. Mallory is the daughter of Lamb Chop creator, comedian and ventriloquist Shari Lewis.



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