Graduation ceremony celebrates successes, honors families

By Julie Blakely
Madigan Healthcare System
Strategic Communication Office

Madigan Healthcare System celebrated the graduation of 161 interns, residents, fellows and clinical chaplains June 5 at the American Lake Community Club on Joint Base Lewis-McChord North.

Col. Jerry Penner III, commander of Madigan Healthcare System, congratulated the graduates on their accomplishments and thanked their Families for the sacrifices they’ve made.

“Many of you...are about to walk across this stage today signifying completion of studies and clinical rotations that have been demanding,” Penner said. “You’ve probably missed a birthday, or had meals interrupted. You’ve probably forgotten what free time was really all about. That ends today.”

For the first time in the history of Madigan’s Graduate Medical Education program, graduates wore Army Combat Uniforms instead of Class A uniforms, which Penner said symbolized the conflicts in Iraq and Afghanistan.

“The ACUs you’re wearing today are signifying those thousands of brothers and sisters in our corps that have deployed and will continue to deploy,” Penner said. “And as you’re coming out of your programs, you know you will be called. But one thing I am very confident about – we know you will be up to the challenge to take your new skills independently to the next level and you will make us proud.”

Retired Brig. Gen. (Dr.) George Brown served as the guest speaker for the event. The past Madigan commander, who is now the chief executive officer for Legacy Health System in Portland, Ore., encouraged the graduates to advance the field of medicine by being involved and leading change. “Use your dissatisfaction and irritation to look for a better way. Make a habit out of questioning current processes,” Brown said. “You should know that you are well trained and prepared for the professional challenges that lie ahead. It is a high honor for me to witness this day with you.”

DONATIONS, SIMPLE, YET EFFECTIVE WAY TO SAY THANKS

By Julie Blakely
Madigan Healthcare System
Strategic Communication Office

The Madigan Healthcare System Strategic Communication Office is inundated with messages on a daily basis – emails for the daily bulletin, phone calls from the media and requests for tours of the hospital. I’ve always said what I love about my job is that my day is never the same. But there is one constant message from our wounded, ill and injured Soldiers – a message of thanks.

As the donations coordinator for Madigan Healthcare System, I see the generosity of the surrounding community and all of the support given to our Soldiers. About 60 percent of the donations we receive are designated by the donor for the Warrior Transition Battalion, and range from board games to running shoes to tickets to sporting events. The rest of the donations, mostly exquisite, handmade quilts, go to active duty Soldiers who are inpatients at Madigan.

I remember the very first quilt I gave to a Soldier at Madigan. The Soldier was young, a private. Handmade quilts provide a sense of comfort for active duty Soldiers receiving care at Madigan Healthcare System.

“Chances are you, too, will become a patient. So learn to give what you would expect,” Brown said. He also told the graduates to advance the field of medicine by being involved and leading change. “Use your dissatisfaction and irritation to look for a better way. Make a habit out of questioning current processes,” Brown said. “You should know that you are well trained and prepared for the professional challenges that lie ahead. It is a high honor for me to witness this day with you.”

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SEATTLE — Margaret Hollinger’s bright eyes lit up as her memory kicked into gear, rewinding time to 60 years ago when she provided medical care to survivors of the Buchenwald concentration camp. “It was so difficult, so sad to see human beings treated the way they were,” said Hollinger, a retired lieutenant colonel.

The hardest scene for her emotionally, she remembered, were the Jewish children who no longer had mothers or fathers to take care of them. “They were just youngsters,” she told Madigan Army Medical Center nurses who had come to help celebrate her 100th birthday June 4 in Seattle.

The Madigan nurses’ attendance wasn’t just to surprise Hollinger, but also to bestow gifts on a nurse who served for 28 years. They spent the morning looking at pictures, asking questions about her life and updating her on the current state of Army nursing, before sitting down to lunch with Hollinger, who may be the holdest living Army nurse.

“It’s wonderful to come up here and share this day with you and celebrate your birthday and your service,” said Col. Janice Lehman, chief, Department of Nursing.

Hollinger worked at several Army hospitals, including the original Madigan Army Medical Center, now Madigan Annex. As a lieutenant colonel, she was the second highest-ranking Army nurse as colonel was the highest rank available to females at that time. “This is all so meaningful; I just can’t explain what it all means to me,” Hollinger said.

She was born June 4, 1910, in Gladstone, N.D. She was the first in her Family to graduate from high school, become a registered nurse and obtain college degrees. Being single, she decided to join the Army, because that’s what single people did back then, she said.

Hollinger shared with the Madigan nurses a few of her experiences during World War II. She deployed to Europe with the 120th Evacuation Hospital as a surgical nurse.

The 120th was a mobile field hospital that was near the front lines and saw many casualties. She would rush into enemy fire to save Soldiers’ lives many times, even being trapped behind enemy lines. “There were some memories that were delightful, and some that were not so delightful,” Hollinger said.

Because she provided medical care for the Jewish survivors at Buchenwald, she was able to establish residence at the Caroline Kline-Galland Home in Seattle, a Family of residential and community services in support of Jewish seniors in the greater Seattle area, where she’s lived for the past three years.

Margaret celebrated her birthday with Austria, friends and Family the previous weekend. She has three siblings in Montana, about 20 nieces and nephews, many great-nieces and great-nephews, and two great-great-nephews.

Lehman and the other Madigan nurses all agreed that they would be back for Hollinger’s 101st birthday next year, bringing gifts and spending time with one of their own.
On the ‘Tobacco-Free’ Road at Naval Hospital

Naval Hospital Pensacola and its clinics are on the road to becoming tobacco free by the time of the Great American Smoke out in November.

As a leading provider of healthcare services, NH Pensacola is committed to promoting the health and safety of our community by voluntarily adopting 100 percent tobacco-free policies to protect employees, patients, and visitors from second-hand smoke exposure.

“I appreciate your cooperation with the forthcoming requirement to refrain from using tobacco products while you are on the hospital grounds,” says Commanding Officer Capt. Maryalice Morro. “We also need to be sensitive to the fact that while it is your right to continue to smoke [elsewhere] … [that a staff member] presenting to work smelling of smoke can trigger health sensitivities for many patients; and in addition presents a poor example and image to [patients].”

The entire NH Pensacola command is responsible for enforcing this policy; and is encouraged - if they see people smoking on the compound, including in parked vehicles - to gently remind [smokers] that there is a no tobacco use policy on hospital property … because of its health concern for patients and staff, and since tobacco use is a leading cause of cancer and illness.

“We are sensitive to how difficult giving up tobacco can be,” continues Capt. Morro. “To that end, Naval Hospital Pensacola is offering a cessation program through our Wellness Center; and they are opening up their doors with classes to help you quit.”

For information about the cessation program call 452-6959 ext. 4100.

“We [as a medical command] must lead by example,” she says.

First advanced trauma life support course is conducted since Katrina

KEESELER AIR FORCE BASE, Miss. — This month, the 81st Medical Group conducted its first advanced trauma life support course since it was suspended in August 2005 following Hurricane Katrina.

Fifteen students -- physicians, nurse practitioners and physician assistants -- participated in the three-day course June 7-9.

The training was intended to prepare students to treat traumatic injuries they could encounter while deployed.

According to Tech. Sgt. Matthew Wiese, 81st Aerospace Medicine Squadron and ATLS coordinator for the 81st Medical Group, “The course is governed by the American College of Surgeons. Although primarily for providers, it eventually may be audited by nurses and medical technicians.”

“The training fulfills readiness skills verification for providers that’s required before they deploy. It also provides valuable skills to medical residents. Course certification is effective for four years.

“Being able to provide the program at Keesler alleviates the cost of sending providers on temporary duty to other locations to acquire the certification,” Sergeant Wiese said.

Lt. Col. (Dr.) Valerie Pruitt, course director, said, "I found the training to be outstanding." Major McHugh noted, "It was excellent preparation for deployment, but the skills were also very applicable to everyday clinical practice. This was my first time taking ATLS."

Col. (Dr.) Warren Dorlac, ATLS military liaison, was on hand as an observer.

The next course is Sept. 13-15.
**Donations**

Continued from page 1

and he’d been in a motor vehicle accident. I wasn’t prepared for what I saw when I first entered his hospital room. He was sleeping, but I could see through the gauze and bandages that his face was a network of cuts, scratches and bruises. He also had some broken bones. His mom was there, and I told her who I was and that I’d like to give her son a quilt for his service.

She immediately began to cry. She told me that he’d recently returned from a one-year deployment to Iraq, and he was a different kid than the one that had left her months earlier. He was moody, angry and was drinking heavily. He had decided to take his all-terrain vehicle for a ride after a drinking binge, and it landed him in the hospital. I sat and talked with his mom for a little while, and after about 15 minutes, his mom thanked me for the quilt and I left the room. A couple of days later, I saw his mom in the hallway near the dining facility, and asked how her son was doing. She said he was doing better, and he loved his quilt. Every so often, I thought about that Soldier and wondered where his life was taking him.

Another part of my job consists of taking a large amount of donations to the Warrior Transition Battalion and arranging an event called the Donor Depot. I lay all of the donations out on a couple of large tables, and Soldiers attached to the WTB are able to browse through the items and take what they need. A couple of months ago, I saw a Soldier at the event that I immediately recognized as that young Private to whom I’d given that first quilt. I walked up to him and introduced myself.

“You don’t remember me,” I said, “but you were in the hospital about a year and a half ago, and I gave you a quilt.”

His response shocked me. “Oh my God,” he said, “I’m so sorry you had to see me like that.”

He started to tell me what had happened to him since that accident. He was being medically discharged from the Army in just a few days and his plan was to go to college. And he was sober.

“Yeah, PTSD and alcohol don’t mix,” he said.

He said he appreciated the quilt so much that he’d slept with it every night since I’d first given it to him. In fact, the night after he’d received the quilt, he said he’d gotten angry with a nurse because she had tried to remove the quilt from his bed. He was running a fever and she was trying to cool him down by removing some of his bedcovers.

He told me that quilt was exactly what he needed – a sign that someone cared.

One Soldier I spoke with at the WTB had been deployed three times, but said, by today’s standards, “that’s not a lot. Most Soldiers do four or five deployments.” But the donations help. “People don’t know are reaching out to us, but it’s almost like someone close to your heart is thinking about you,” he said.

This is what makes my job great. Seeing these Soldiers at their worst – some of them literally arriving to the WTB with just the clothes on their backs straight from the airport, sometimes with obvious injuries, sometimes with not-so-obvious injuries – but then watching them improve, sometimes by taking better care of themselves, sometimes with the help of others. This helps them get better and have a plan for their future. This doesn’t happen to all of them. But when you see it happen right in front of you, it gives you hope. And that is what the generosity of the community provides – for all of our Soldiers and for all of us who care about them.
JBLM schools get new behavioral health plan

By Michele Gross
Child, Adolescent & Family Behavioral Health Proponent

Delivering the best behavioral health care to Joint Base Lewis-McChord’s children was the focus of a Memorandum of Agreement for School Behavioral Health programs between Madigan Healthcare System, U.S. Army Garrison Joint Base Lewis-McChord and the Clover Park School District earlier this month.

Meeting at Evergreen Elementary on JBLM, the agreement was signed by Madigan Commander Col. Jerry Penner III, Garrison Commander Col. Thomas Brittain and Debbie LeBeau, Clover Park School District superintendent and principals representing the six JBLM elementary schools.

The initiation of the School Behavioral Health program has been a long-awaited collaborative effort between the on-post elementary schools, part of Clover Park School District, and the Child, Adolescent & Family Behavioral Health Proponent.

The CAF-BHP is the U.S. Army Medical Command proponent that supports and sustains comprehensive and integrated behavioral health systems of care for military children and families.

Specifically, the School Behavioral Health program will provide much-needed behavioral health support services directly to children and families within the school.

The program provides child and adolescent psychiatrists, psychologists, and social workers, who will evaluate and treat military children, and resilience-based models to students, staff, and parents in the JBLM schools.

“This is truly a memorable occasion for JBLM,” said Dr. Michael Faran, CAF-BHP director and a child and adolescent psychiatrist. “Army and Air Force children are extremely fortunate to have behavioral health resources available through their on-post schools.

Our children will greatly benefit from the collaborative command support of Madigan and JBLM Garrison Command groups, in this mission,” Faran said.

Evergreen Elementary has been a pilot site for the program and is currently offering SBH services to their students and families.

The SBH program is voluntary and projected to start at all JBLM elementary schools in the Fall 2010-2011 school year.

Parents of Evergreen students with concerns about the behavioral health or academic performance of their student, can contact their respective school’s office or Principal Holly Shaffer at Evergreen Elementary at 253-583-5250, for evaluation consideration.

Cornum in charge

Brig. Gen. (Dr.) Kory Cornum, 81st Medical Group commander, asks about the obstetrics pregnancy simulator in the Keesler Hospital’s Family Birthing Center May 17. The general, who assumed command April 30, visited 81st Inpatient Operations Squadron areas as part of a series of “immersion” tours of the 81st MDG’s seven squadrons to familiarize him with the hospital’s operation and staff. Nurse 2nd Lt. Dawn Mitchell, second from left, and Maj. Janice Shealey, maternal child flight commander, explain “Katrina’s” capabilities as Col. Allison Plunk, left, 81st IPTS commander, and Capt. Amber Barker, family birthing center element leader, look on.

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One position remains open for our three-year program for August of 2011. Trainees eligible for this Career Development Training Program include all physicians with an M.D. or D.O. degree who have completed residency training. The candidates must be citizens or non-citizen nationals of the United States of America or lawfully admitted to the United States of America for permanent residence. All trainees are required to complete an application to the Wake Forest University Graduate School of Arts and Sciences and the Wake Forest University Vascular Medicine Training Program. The applications must be accompanied by three letters of recommendation and a written personal statement defining the trainee’s career goals. Applications for the WFUSM Vascular Medicine Mentored Clinical Scientist Training Program can be obtained from:

Ms. Wendy Reedy, Administrative Secretary
Vascular and Endovascular Surgery and Vascular Medicine
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Marjorie Wilson, 55, Dubuc, SK
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Bend Memorial Clinic
mweerts@bmcotalcare.com
http://www.bendmemorialclinic.com

EMERGENCY ROOM PHYSICIAN

Georgia

Martin Army Community Hospital, Fort Benning, GA, is seeking BC/BE, residency-trained emergency medicine physicians. Our Emergency Department sees patients approximately 40,000 visits annually and provides comprehensive care for emergent patients, teaching, and scholarly contribution. Proven experience in prehospital care, teaching of house staff and medical students is required. EMR proficiency and trauma team experience preferred.

For further information please contact:
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Physicians

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Please e-mail resume to Jaena Richards at jrichards@pcmh.org
Questions? Call Jaena at (406) 846-7717.
Powell County Physical Therapy
1001 Maryland Avenue
Deer Lodge, MT 59722
www.pcmh.org

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Life Line Screening provides safe, non-invasive preventive health screenings to communities across the nation, and has also worked with various military institutions and organizations.

The preventive screenings are primarily focused on vascular disease, with a core set focused on early identification of stroke risk factors. Screenings include tests for carotid artery disease, atrial fibrillation, peripheral arterial disease, and abdominal aortic aneurysms. Screenings are also offered for high blood pressure, cholesterol and glucose, as well as an osteoporosis risk assessment.

At Wright-Patterson AFB, the program is offered as part of its Civilian Wellness efforts. Mr. Ray Szymanski, Wright-Patterson AFB Civilian Wellness Program Director, explains, “Large percentages of base employees suffer hypertension, obesity, high cholesterol and are age 55 and older. These statistics are validated through thousands of cardiac risk assessments conducted annually on WPAFB base employees. This makes the base population ideal candidates for advanced vascular screenings.

The Installation Civilian Wellness Program (ICWP) fully supports preventive screenings as one of its basic tenets. The ICWP utilized Life Line Screening from January 2009 thru June 2010 to conduct eight screening sessions. In those sessions a total of 384 employees and some spouses were screened.

Tests revealed that 20% of subjects displayed mild-to-moderate carotid artery blockage. 19% of subjects displayed mild-to-moderate osteoporosis. There were no cases of atrial fibrillation, abdominal aortic aneurysm or peripheral arterial disease detected. (Note: these results do not contain the June 2010 results which were not available at the time of this release.)

For the 20% who tested positive for one or both of the conditions above, these tests may be the necessary motivation they need to make appropriate lifestyle changes or visit their physician for expert guidance. If so, these employees will certainly be healthier with the changes and should enjoy a longer, more productive Air Force career.”

Susan Rubel, Director of Insurance/Member Benefits for the Air Force Association and the AFA Veteran Benefits Association, notes similar reasons for offering the screenings to their members. “By working with Life Line Screening, we have identified members who have had underlying, silent vascular disease that put them at-risk for a serious problem like stroke or a ruptured abdominal aortic aneurysm.”

“We learned about this program when one of our insurance staff members attended a Life Line Screening and had a life-threatening issue discovered in time. This motivated us to offer the screenings to our members, which, because of our partnership, we are able to do at a discount. This is a valuable service that we are pleased to offer our members.”

Other military associations that work with Life Line Screening include the Military Officers Association of America, The American Legion, the Armed Forces Benefit Association, AMVETS and the National Association for Uniformed Services.

To learn more about Life Line Screening, call Jessica Smith at 1-800-897-9177, ext 1152.
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